

1. Technology Guide for Online Sessions

Making Your Virtual Sessions Pawfectly Smooth 🐾

Welcome to your **online training experience** with Pawfect Training Academy! Whether you're new to virtual sessions or a seasoned Zoomer, this quick guide will help you feel confident and fully prepared for your sessions with me.

My aim is to make everything as simple and stress-free as possible—for both you and your dog.

1. What You'll Need Before We Start

To get the best from your training session, please make sure you've got the following ready:

A Device with a Camera & Microphone

- Laptop, desktop (with webcam), tablet, or smartphone
- Make sure the camera can capture you and your dog clearly

A Reliable Internet Connection

- A stable connection (minimum 5 Mbps recommended)
- You can test your speed here: www.speedtest.net

Microsoft Teams

- Our sessions take place via Microsoft Teams
 - Download it for free on your device:
 - [Windows / Mac](#)
 - [iOS App Store](#)
 - Google Play Store
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2. How to Join Your Online Session

Once your session is booked, you'll receive an email with a **Microsoft Teams link**. Here's how to join:

On Laptop or Desktop:

- Click the link in your email
- Choose “Join on the web” or use the Teams app
- Enter your name and click “Join now”

On Mobile or Tablet:

- Tap the link in your email
- Open in the Teams app
- Allow microphone and camera access
- Tap “Join”

Check Your Setup:

- Ensure your microphone and camera are switched on
- Position your camera so your dog and training space are visible

3. Setting Up Your Training Space

Where you train matters! Here's how to make your setup pawfect:

- 🧑 **Quiet Environment:** Minimise distractions—no TV, radio, or high foot traffic
- 💡 **Good Lighting:** Natural light or lamps help me see you and your dog clearly
- 📹 **Camera Positioning:** Set your device at a height and angle where both you and your dog are visible. A tripod or stack of books works brilliantly!
- 🐶 **Essentials Within Reach:** Have your treats, clicker, lead, and water nearby





4. Troubleshooting Common Tech Issues

Audio Problems:

- Make sure your mic isn't muted
- Check your input/output settings under system preferences





Camera Not Working?

- Allow camera access in Teams
- Close other apps that might be using your camera




Poor Connection?

- Move closer to your Wi-Fi router
 - Close apps/devices using bandwidth
 - If needed, restart your router or switch to a different device
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5. Top Tips for a Smooth Session

-  **Join 5 Minutes Early:** Gives us time to sort out any niggles before we start
 -  **Use Wired Internet (If Possible):** It's more stable than Wi-Fi
 -  **Mute When Not Speaking:** Reduces background noise
 -  **Have a Backup Device Ready:** Just in case something goes wrong
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6. After Your Session

-  **Session Recording:** If applicable, you'll receive a private link to rewatch the session
-  **Follow-Up Materials:** Keep an eye on your inbox for personalised notes, handouts, and your dog's next steps
-  **Need Support?**
 - Email: training@pta.dog
 - WhatsApp: 01761 206 056

